

### GENERAL RECOMMENDATIONS

- Cloth face coverings are recommended
- Staff, participants, and anyone else in attendance should stay home if sick
- Use tools to self-screen before arriving at the event
- Spectators are discouraged unless necessary for transportation
- Individuals 65 or older or those in high-risk categories should not attend
- Provide hand sanitizer and supplies that can be used to help prevent the spread of germs
- Consult local public health officials about plans for reopening
- Activities should be in line with state and federal guidelines, including social distancing measures

### CONTACT SPORTS

- Please refer to Executive Order 20-32 for requirements to operate games, leagues, and tournaments
  - The organizations at these links have prepared guidance for resuming amateur sports that may be helpful in preparing COVID response plans:

[https://aiha-assets.sfo2.digitaloceanspaces.com/AIHA/resources/Reopening-Guidance-for-Amateur-Sports\\_GuidanceDocument.pdf](https://aiha-assets.sfo2.digitaloceanspaces.com/AIHA/resources/Reopening-Guidance-for-Amateur-Sports_GuidanceDocument.pdf)

<https://www.aspenprojectplay.org/return-to-play>

### EMPLOYERS, LEAGUE DIRECTORS, AND FACILITY PERSONNEL

- Rosters with contact information should be maintained to support local public health contact tracing efforts if exposures occur
- Supply training for staff on social distancing, sanitation, cleaning hands often, and respecting space while talking with players and families
- Staff should stay home if they are sick
- Frequently touched surfaces should be cleaned regularly
- If anyone arriving at the practice displays symptoms, they must be sent home
- Require sign-in sheets and gather contact information for participants if a positive case of COVID-19 is reported
- Open gates to prevent touching
- Scores should be kept in a way that prevents touching
- Display signs that encourage social distancing and frequent handwashing and sanitizing
- Limit the use of indoor spaces and keep locker room and shower areas closed
- \* Concession stands may not open



## SUGGESTED GUIDELINES FOR YOUTH AND ADULT RECREATIONAL SPORTS AND FACILITIES

### PARTICIPANTS

- Sanitizer should be provided, and participants are encouraged to clean hands often
- Each player should bring their own necessary gear and equipment. Shared gear should be sanitized between users with a CDC or health department recommended solution
- Handshakes, team huddles, and sharing of drinks, seeds, gum, etc., are not permitted

### FACILITIES

- Stagger start times to limit gatherings and the amount of individuals present at the same time
- Each field, court, or other facility should be limited to the social gathering requirements
- Online sign-ups and in-person communication should take place where possible
- Do not provide congregation areas or playgrounds near fields
- Bleacher seating should either be removed or taped off
- No concessions
- Families should sit together with at least 6 feet between other groups if staying for entire practice

Example plans may be found at:

[www.in.gov/backontrack/industryguidelines.htm](http://www.in.gov/backontrack/industryguidelines.htm)